

By : Shruti

SOUND INFUSED KNITTING WORKSHOP

Guide Book

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<https://www.wooltune.com/>

Materials

- 3-4 yarn balls
- Needles
- Beads
- Earphones
- Additional items you'd like to bring along.

While yarn will be provided, I encourage you to bring your desired choice of yarn and needle for your comfort. We will have everything from fine to bulky yarn to textured yarn.

Please note that the number of needles is limited, so if possible, kindly bring your own needles

FIRST HALF

- 13:30 - Start
- 5-15 minutes - Introduction on sound-infused knitting and discussion.
- 15 -3 0 minutes - Working on drawing exercises.

SECOND HALF

- 14:20 - Swatch Making
- 15:15 minutes - 15 Discussion
- 15:30 - End

FIRST HALF

Participants can choose any one sound from the playlist available on the website. We recommend using earphones for a better experience.

Keynotes to consider:

1. How does the sound make you feel?
2. What emotions are evoked after listening? Is it a feeling of happiness or sadness?
3. Ask yourself why you chose that particular sound and which aspect you will focus on (e.g., abstract, emotions, existing pattern modification, stitches, etc.)

For my first project, which was inspired by the droplets falling from the roof and landing on the ground, my instinct was to experiment with the drop stitch. I knitted the drops based on the time it took for them to reach the ground.



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- Remember not to burden yourself with too many choices. Pick the ones that resonate with you most.
- Pick 1-2 sheets and your desired colours, then begin sketching out your idea.

WHY ARE WE SKETCHING OUR IDEAS?

- We sketch our ideas to help us organise and prevent feeling overwhelmed by them. When all the ideas are combined, we can gain a comprehensive view and decide which best represents our instincts.

The Matsuri Sound project was a recipe for disaster. I was overwhelmed by the constant flow of ideas and decided to incorporate every single one. In the end, I unravelled my first try and chose to stick with one idea that resonated the most. My favorite outcome was the second one as it captured my concept very well.

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- Remember to ask yourself as many questions as possible to get started on this journey. You can choose to write them down as bullet points to refer to them from time to time.
- Feel free to explore the workshop area and find a comfortable place. You can always trade colours or choose different ones later.

Goal:

The goal is to express your creativity by infusing your projects with distinctive ideas and design elements, pushing your boundaries by exploring novel techniques and delving into a variety of stitches. Whether your choices are guided by intuition, be it selecting stitches, colours, or yarn, the sound element plays a significant role in igniting creativity. Once you're captivated by the process, you'll have the freedom to express yourself fully.

SECOND HALF

Giving Life to Your Ideas

- After sketching a few ideas, choose your yarn and needles based on your instincts. Ensure that you stay in tune with the creative flow.
- Rather than visualising the result, change your perspective and embrace experimentation. For example, you can try combining chunky and thin yarn.

Immerse Yourself:

- Focus on your knitting process, the yarn, and your tools. Slowly detach from external distractions, allowing your instincts to guide you.
- Embrace the potential for design changes; it's a sign of evolution. Keep knitting until you reach your desired length.
- When you feel it's complete, bind off, and take a moment to relax. After relaxing, keep your sketches, swatches, and sounds together, and write down your experiences and feelings. For example, consider how you're feeling, what you've learned, and how it differs from your usual knitting.
- If drawing your emotions makes you feel good, do that.

(Feel free to take small breaks anytime you feel agitated or strained. You can snack or drink tea while knitting. Discussing and sharing ideas can boost your creativity.)

End: 15 minutes for discussion and sharing your thoughts.

Goal: The goal is to immerse yourself in the process and allow it to evolve whenever inspiration strikes. Keep in mind that the same sound can evoke various emotions and instincts. Your first attempt may be imperfect, but it will pave the way for better development in subsequent tries.

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Drawing
Examples